



# 10 SIGNS YOU ARE IN **SURVIVAL MODE**

1. You are so busy executing today, you have no idea what's next
2. Everyone else dictates your schedule and priorities
3. You "have" to do things. You don't choose them.
4. You envy other people's lives
5. You are exhausted
6. People are either projects or competitors
7. Your time is spent, it isn't invested
8. The last innovative idea you had was years ago
9. You are constantly solving other people's problems
10. You don't remember the last time you were not stressed about something